COVID-19 (Coronavirus)

A quick guide for parents/carers

What to do if...	Action needed	Back to school...
 **...my child has COVID-19 (coronavirus) symptoms***	▪ Child shouldn't attend school ▪ Child should get a test ▪ Whole household self-isolates while waiting for test results ▪ Inform school immediately about test results	**...if a child's test comes back negative and symptom free for 48 hours. The child should not be tested again unless they develop new symptoms*** **If the test result if positive, then see below.**
 **...my child tests positive for COVID-19 (coronavirus)**	▪ Child should not attend school ▪ Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) ▪ Inform school immediately about test results ▪ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days ▪ Other household members should not get tested unless they develop symptoms because even if they tested negative, they must still isolate for 14 days	**...after 10 days has passed so long as the child is feeling better and has been without a fever for at least 48 hours.** **They can return to school after 10 days even if they still have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.**
 **...somebody in my household has COVID-19 (coronavirus) symptoms***	▪ Child shouldn't attend school ▪ Household member with symptoms should get a test ▪ Whole household self-isolates while waiting for test result ▪ Inform school immediately about test results	**...if the household member test is negative, and the child does not have COVID-19 symptoms***
 **...somebody in my household has tested positive for COVID-19 (coronavirus)**	▪ Child shouldn't attend school ▪ Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days ▪ No need for the child to get tested unless they develop symptoms	**...when child has completed 14 days of self-isolation, even if they tested negative during the 14 days**

 **...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)**	▪ Child shouldn't attend school ▪ Child self-isolates for 14 days (as advised by NHS Test and Trace) - even if they tested negative during those 14 days ▪ Rest of household does not need to self-isolate, unless they are a 'close contact' too	**...when the child has completed 14 days of self-isolation, even if they tested negative during those 14 days**
 **...we/my child has travelled and has to self-isolate as part of a period of quarantine**	▪ Do not take unauthorised leave in term time ▪ Consider quarantine requirements and FCO advise when booking travel ▪ Provide information to school as per attendance policy **Returning from a destination where quarantine is needed:** ▪ Child shouldn't attend school ▪ Whole household self-isolates for 14 days – even if they test negative during those 14 days	**...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days**
 **...we have received advice from a medical/official source that my child must resume shielding**	▪ Child shouldn't attend school ▪ Contact school as advised by attendance officer/pastoral team ▪ Child should shield until you are informed that their restrictions are lifted, and shielding is paused again	**...when school/other agencies inform you that restrictions have been lifted and your child can return to school again**
 **...I am not sure who should get a test for COVID-19 (coronavirus)**	▪ Only people with symptoms* need to get a test ▪ People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tested positive	**...when conditions above as matching your situation, are met**

*Symptoms include a high temperature, a new continuous cough and loss or change to your sense of smell or taste. See more at **www.nhs.uk/coronavirus**

For further information: **gmhscp.contracttracing@nhs.net**
www.gov.uk/backtoschool

New Government Guidance:
Only six people from multiple households can now meet up for social gathering, both indoors and outdoors. For more information please visit:
www.gov.uk/coronavirus

Buckinghamshire Council

Stay safe, protect Bucks